

# August 2022 Elementary Lunch Menu

All American Monday	Taco Tuesday	Worldly Wednesday	Healthy Thursday	Funday Friday
<p style="text-align: right; margin-right: 5px;">1</p> <p>White Beans Steamed Rice Chicken Smackers (Pre K) or Sausage Broccoli and Cheese Fresh Fruit Chilled Peaches (Pre K &amp; Sat) Southern Butter Roll Milk</p>	<p style="text-align: right; margin-right: 5px;">2</p> <p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce &amp; Chopped Tomatoes Golden Corn Fresh Fruit Chilled Strawberries (Pre K &amp; Sat) Cinnamon Roll Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Soft Beef Taco</p>	<p style="text-align: right; margin-right: 5px;">4</p> <p style="text-align: center;"><b>Asian</b> General Tso Chicken Smackers Fried Rice California Blend Vegetables Spring Salad Mix Fresh Fruit Chilled Mandarin Oranges (Pre-K &amp; Sat) Southern Butter Roll Milk</p>	<p style="text-align: right; margin-right: 5px;">5</p> <p>Meatballs &amp; Spaghetti Caesar Salad Fresh Fruit Chilled Applesauce Garlic Roll Milk</p> <p style="text-align: center;">Bananas (Pre K) Fresh Fruit (Sat)</p>	<p style="text-align: right; margin-right: 5px;">6</p> <p>Chicken &amp; Sausage Jambalaya Glazed Carrots Seasoned or Italian Green Beans Fresh Fruit Chilled Pears (Pre K &amp; Sat) Cake French Bread Milk</p>
<p style="text-align: right; margin-right: 5px;">8</p> <p>Sweetheat Grilled Chicken Macaroni &amp; Cheese Seasoned or Italian Green Beans Glazed Carrots Fresh Fruit Chilled Peaches (Pre K &amp; Sat) Southern Butter Roll Milk</p>	<p style="text-align: right; margin-right: 5px;">9</p> <p style="text-align: center;"><b>Disassembled Loaded Nacho Supreme Bowl</b> Meaty Nacho Cheese Nacho Chips Shredded Lettuce &amp; Tomatoes Refried Beans Fresh Fruit Chilled Strawberries (Pre K &amp; Sat) Cinnamon Stick Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Yellow Grilled Cheese Tots/Shoestring/Crinkle/Smiles</p>	<p style="text-align: right; margin-right: 5px;">10</p> <p style="text-align: center;"><b>French</b> Roasted Chicken Potatoes Au Gratin Carrot Souffle Fresh Fruit Chilled Pears (Pre-K &amp; Sat) French Bread Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Chicken Nuggets</p>	<p style="text-align: right; margin-right: 5px;">11</p> <p>Italian Bake Pasta Caesar Salad Golden Corn Fresh Fruit Chilled Applesauce Garlic Roll Milk</p> <p style="text-align: center;">Bananas (Pre K) Fresh Fruit (Sat)</p>	<p style="text-align: right; margin-right: 5px;">12</p> <p>Boneless Wing Bar Celery Sticks with Ranch Roasted Cauliflower Fresh Fruit Chilled Pears (Pre K &amp; Sat) Southern Butter Roll Brownie Milk</p>
<p style="text-align: right; margin-right: 5px;">15</p> <p>Chicken Stew Steamed Rice Seasoned or Italian Green Beans Carrot Souffle Fresh Fruit Chilled Peaches (Pre K &amp; Sat) French Bread Milk</p>	<p style="text-align: right; margin-right: 5px;">16</p> <p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce &amp; Chopped Tomatoes Golden Corn Fresh Fruit Chilled Strawberries (Pre K &amp; Sat) Cinnamon Roll Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Soft Beef Taco</p>	<p style="text-align: right; margin-right: 5px;">17</p> <p style="text-align: center;"><b>New Orleans, Louisiana</b> Red Beans Steamed Rice Fried Pork Chops Creamed Spinach Fresh Fruit Chilled Pears (Pre K &amp; Sat) Southern Butter Roll Milk</p>	<p style="text-align: right; margin-right: 5px;">18</p> <p>Pepperoni Pizza Pasta Caesar Salad Golden Corn Fresh Fruit Chilled Applesauce Garlic Roll Milk</p> <p style="text-align: center;">Bananas (Pre K) Fresh Fruit (Sat)</p>	<p style="text-align: right; margin-right: 5px;">19</p> <p style="text-align: center;"><b>Brunch for Lunch</b> Pancakes with Sausage Tator Tots Grits Fresh or Steamed Baby Carrots Fresh Fruit Chilled Pears (Pre K &amp; Sat) Cookie Milk</p>
<p style="text-align: right; margin-right: 5px;">22</p> <p>Fried Chicken Drumstick Cajun Rice Sweet Potato Fries Baked Beans Assorted Fruit Fresh Fruit Chilled Peaches (Pre K &amp; Sat) Southern Butter Roll Milk</p> <p style="text-align: center;"><i>Pre-K Option Only</i> Chicken Nuggets</p>	<p style="text-align: right; margin-right: 5px;">23</p> <p style="text-align: center;"><b>Disassembled Southwest Bowl</b> Fajita Chicken Southwest Rice Shredded Cheese Shredded Lettuce &amp; Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K&amp;Sat) Cinnamon Stick Milk</p> <p style="text-align: center;">Bananas (PK) Fresh Fruit (Sat)</p> <p style="text-align: center;">*Bowls can be assembled or disassembled</p>	<p style="text-align: right; margin-right: 5px;">24</p> <p style="text-align: center;"><b>Irish</b> Shepherd's Pie Glazed Carrots Assorted Fruit Fresh Fruit Chilled Strawberries (Pre K &amp; Sat) Southern Butter Roll Milk</p>	<p style="text-align: right; margin-right: 5px;">25</p> <p>Meatsauce &amp; Spaghetti Caesar Salad Assorted Fruit Fresh Fruit Chilled Applesauce Garlic Roll Milk</p> <p style="text-align: center;">Bananas (Pre K) Fresh Fruit (Sat)</p>	<p style="text-align: right; margin-right: 5px;">26</p> <p style="text-align: center;"><b>Disassembled SFNS Popcorn Chicken Bowl</b> Chicken Smackers Mashed Potatoes with Gravy Golden Corn Shredded Cheese Assorted Fruit Fresh Fruit Chilled Pears (Pre K &amp; Sat) French Bread Cake Milk</p>
<p style="text-align: right; margin-right: 5px;">29</p> <p>Salisbury Steak Mashed Potatoes and Gravy Glazed Carrots Fresh Fruit Chilled Peaches (Pre K &amp; Sat) French Bread Milk</p> <p style="text-align: center;">*Bowls can be assembled or disassembled</p>	<p style="text-align: right; margin-right: 5px;">30</p> <p>Beef Tachitos Cheese Sauce Golden Corn Fresh Fruit Chilled Strawberries (Pre K &amp; Sat) Cinnamon Roll Milk</p>	<p style="text-align: right; margin-right: 5px;">31</p> <p style="text-align: center;"><b>Hawaiian</b> Sweet Heat Meatballs Macaroni &amp; Cheese California Mixed Vegetables Baked Beans Fresh Fruit Chilled Pineapples (Pre-K&amp;Sat) Southern Butter Roll Milk</p>		

# August 2021

## Elementary & HS Breakfast Menu

All American Monday	Tasty Tuesday	Wordly Wednesday	Healthy Thursday	Funday Friday
1 Chicken Biscuit or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	2 Funnel Cakes or Cereal & Toast <b>AND</b> Grits <b>Chilled Applesauce</b> Fresh Fruit Potato Rounds Milk  Bananas (Pre K) Fresh Fruit (Sat)	3 Pancakes with Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Strawberries (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	4 Banana Split Parfaits Graham Crackers or Toast & Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	5 Beignets or Cereal & Toast <b>AND</b> Grits <b>Chilled Peaches (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk
8 Sausage Biscuit or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K &amp; Sat)</b> Fresh Fruit Potato Rounds Milk	9 Chicken and Waffles or Cereal & Toast <b>AND</b> Grits <b>Chilled Applesauce</b> Fresh Fruit Potato Rounds Milk  Bananas (Pre K) Fresh Fruit (Sat)	10 Build Your Own Breakfast Burrito or Cereal & Toast <b>AND</b> Grits <b>Chilled Pineapple (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	11 Strawberry Yogurt Parfait or Toast & Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	12 Cinnamon Rolls or Cereal & Toast <b>AND</b> Grits <b>Chilled Peaches (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk
15 Bacon, Egg, & Cheese Biscuit or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K &amp; Sat)</b> Fresh Fruit Potato Rounds Milk	16 Waffle and Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Applesauce</b> Fresh Fruit Potato Rounds Milk  Bananas (Pre K) Fresh Fruit (Sat)	17 French Toast Sticks or Cereal & Toast <b>AND</b> Grits <b>Chilled Strawberries (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	18 Strawberry & Banana Smoothies Graham Crackers or Toast & Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	19 Glazed or Chocolate Donuts or Cereal & Toast <b>AND</b> Grits <b>Chilled Peaches (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk
22 Chicken Biscuit or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	23 Funnel Cakes or Cereal & Toast <b>AND</b> Grits <b>Chilled Applesauce</b> Fresh Fruit Potato Rounds Milk  Bananas (Pre K) Fresh Fruit (Sat)	24 Pancakes with Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Strawberries (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	25 Banana Split Parfaits Graham Crackers or Toast & Sausage or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk	26 Beignets or Cereal & Toast <b>AND</b> Grits <b>Chilled Peaches (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk
29 Sausage Biscuit or Cereal & Toast <b>AND</b> Grits <b>Chilled Pears (Pre-K &amp; Sat)</b> Fresh Fruit Potato Rounds Milk	30 Chicken and Waffles or Cereal & Toast <b>AND</b> Grits <b>Chilled Applesauce</b> Fresh Fruit Potato Rounds Milk  Bananas (Pre K) Fresh Fruit (Sat)	31 Build Your Own Breakfast Burrito or Cereal & Toast <b>AND</b> Grits <b>Chilled Pineapple (Pre-K&amp;Sat)</b> Fresh Fruit Potato Rounds Milk		